

# EZ-Gripper™

## Closed System Intermittent Catheter

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## Instructions for Use

### INDICATIONS FOR USE

The EZ-Gripper™ Closed System Intermittent Catheter is intended to drain urine from the bladder.

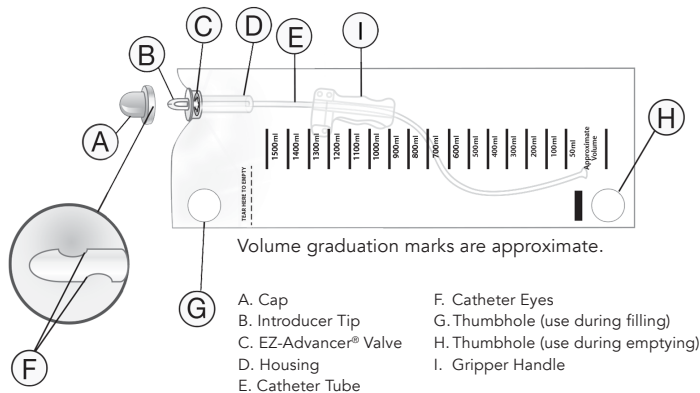
### CONTRAINDICATIONS

None.

### WARNINGS

- When removing the cap, if the introducer tip is also removed, urinary tract infection (UTI) risk could be heightened as the tip is designed to protect the catheter from potential pathogens.
- Any serious incident that occurs in relation to the device should be reported to the manufacturer.

### CATHETER COMPONENTS



### STEP-BY-STEP INSTRUCTIONS

#### MALE INSTRUCTIONS

1. Wash hands.
2. Remove clothing.
3. Open the package by pulling apart the thumbholes and then remove the catheter. To avoid tearing, hold the paper and pull the plastic. Put on gloves and use an underpad if desired.
4. Expose the penis and wash the glans (head of the penis) with soap and water or use the cleansing swab/wipe included.
5. Remove the blue cap from the introducer tip.  
**IMPORTANT:** When removing the cap, gently pry the cap away from the introducer tip. Do not pull the cap in an upward motion to remove it from the introducer tip, as this can cause the introducer tip to be removed from the bag. Ensure the introducer tip is intact after cap removal and still attached to the bag. If you remove the introducer tip during cap removal, discard the entire product and get another. Do not attempt to insert the catheter without the introducer tip attached to the bag. Also, be careful not to touch the introducer tip with your fingers; doing so will compromise sterility.
6. Hold the gripper handle between both palms or with one hand, and pull the introducer tip into the penile opening.
7. Gently squeeze the gripper handle and pull it towards the body - the catheter inside the bag will advance into the urethra.
8. Push and pull the gripper handle back and forth to move the catheter into the bladder. The EZ-Advancer valve will prevent the catheter from retracting back into the bag.  
**IMPORTANT:** Use very light pressure to engage the gripper handle.
9. As urine begins to flow and fill the bag, hold the bag by using the thumbhole.
10. When urine flow is complete, gently remove the catheter.

11. To drain the urine, hold the bag by the thumbhole at the bottom of the bag and pour the urine through the introducer tip into the toilet or other appropriate waste container. An alternative method to open the bag and empty the urine is to tear the bag open where it says, "TEAR HERE TO EMPTY." Tear downwards for best results, and then dispose of the urine.
12. Dispose of the catheter, bag, and contents using standard, acceptable clinical practice.
13. Wash hands after completion.

#### FEMALE INSTRUCTIONS

1. Wash hands.
2. Remove clothing.
3. Open the package by pulling apart the thumbholes and then remove the catheter. To avoid tearing, hold the paper and pull the plastic. Put on gloves and use an underpad if desired.
4. Use soap and water or the included cleansing swab/wipe to clean the urethral opening. Always swipe downward, never upward.
5. Remove the blue cap from the introducer tip.  
**IMPORTANT:** When removing the cap, gently pry the cap away from the introducer tip. Do not pull the cap in an upward motion to remove it from the introducer tip, as this can cause the introducer tip to be removed from the bag. Ensure the introducer tip is intact after cap removal and still attached to the bag. If you remove the introducer tip during cap removal, discard the entire product and get another. Do not attempt to insert the catheter without the introducer tip attached to the bag. Also, be careful not to touch the introducer tip with your fingers; doing so will compromise sterility.
6. Hold the gripper handle between both palms or with one hand, and pull the introducer tip into the urethral opening.
7. Gently squeeze the gripper handle and pull it towards the body - the catheter inside the bag will advance into the urethra.
8. Push and pull the gripper handle back and forth to move the catheter into the bladder. The EZ-Advancer valve will prevent the catheter from retracting back into the bag.  
**IMPORTANT:** Use very light pressure to engage the gripper handle.
9. As urine begins to flow and fill the bag, hold the bag by using the thumbhole.
10. When urine flow is complete, gently remove the catheter.
11. To drain the urine, hold the bag by the thumbhole at the bottom of the bag and pour the urine through the introducer tip into the toilet or other appropriate waste container. An alternative method to open the bag and empty the urine is to tear the bag open where it says, "TEAR HERE TO EMPTY." Tear downwards for best results, and then dispose of the urine.
12. Dispose of the catheter, bag, and contents using standard, acceptable clinical practice.
13. Wash hands after completion.

Manufactured for: HR HealthCare  
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